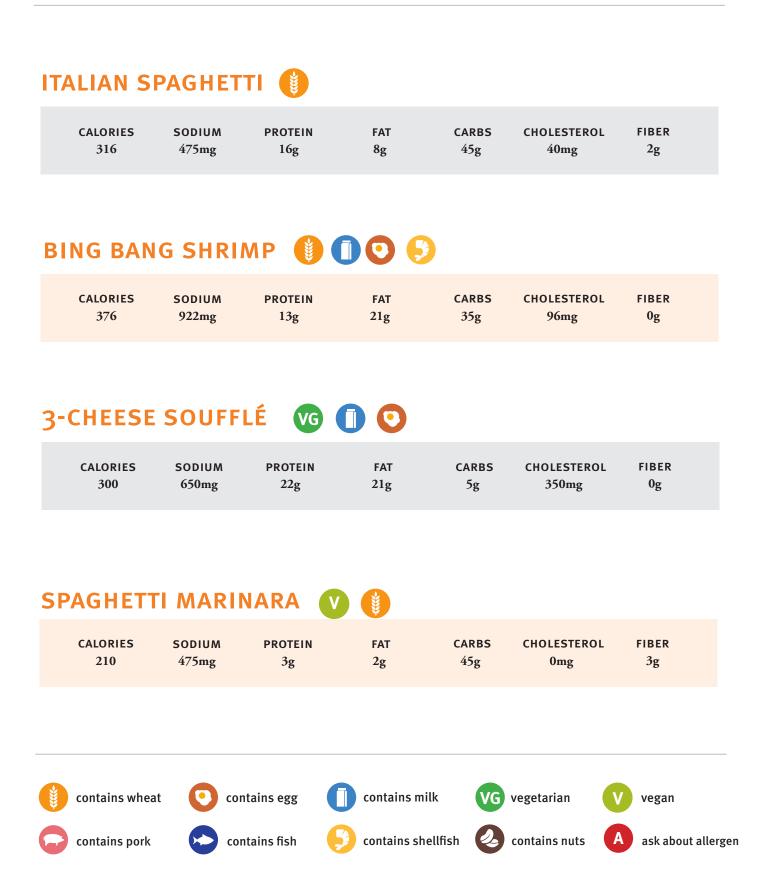
LUNCH THURSDAY, JANUARY 28, 2021



DINNER THURSDAY, JANUARY 28, 2020

MONGOLIAN BEEF OVER RICE NOODLES 🌒 😏

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER	
295	796mg	17g	12g	30g	44mg	0g	

HERB ROASTED CHICKEN

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER	
310	350mg	21g	25g	0g	115mg	0g	

BLACK BOTTOM TOFU W/ RICE

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER	
281	596mg	11g	9g	39g	0mg	2g	

