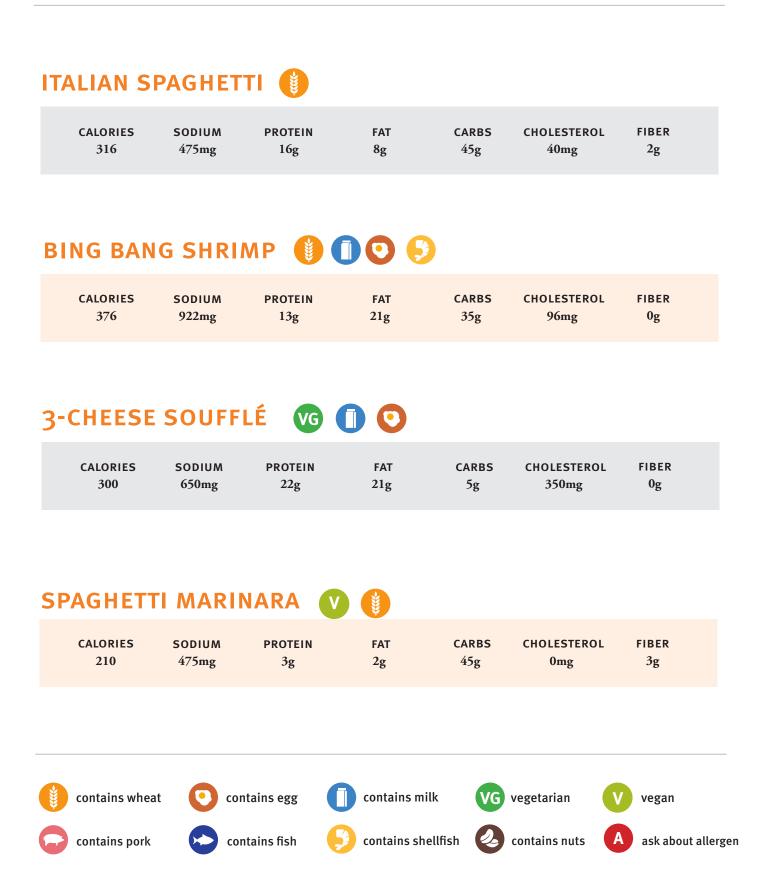
## LUNCH THURSDAY, JANUARY 28, 2021



# **DINNER** THURSDAY, JANUARY 28, 2020

### MONGOLIAN BEEF OVER RICE NOODLES 🌒 😏

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER	
295	796mg	17g	12g	30g	44mg	0g	

#### HERB ROASTED CHICKEN

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER	
310	350mg	21g	25g	0g	115mg	0g	

#### BLACK BOTTOM TOFU W/ RICE

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER	
281	596mg	11g	9g	39g	0mg	2g	

